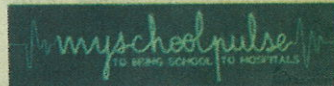


**JOIN THE 7TH EDITION OF 'PULSE 5K OR 1K'
ON SUNDAY, JULY 31ST 2016, IN FAQRA CLUB
WALK OR RUN 5K OR 1K FOR MYSCHOOLPULSE**



The **Pulse 5K or 1K** is a most enjoyable outdoor family outing in the mountainous environment of the Faqra Club, AND an opportunity to support a good cause! It is Myschoolpulse's main fundraising event, organized with the logistical support of Beirut Marathon Association and Faqra Club.

Myschoolpulse is a non-profit organization bringing school to hospitals in Lebanon. Since inception in 2010, it has catered to the education of 402 children suffering from life-threatening illnesses, enabling them to continue their education during their long treatment away from school and friends.

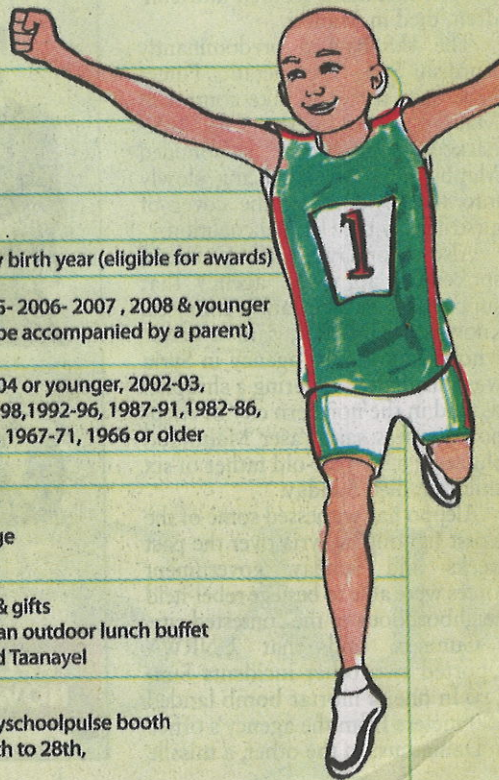
Myschoolpulse is present in six major hospitals where it employs 13 permanent and experienced teachers: At Saint George Hospital, Hôtel-Dieu de France, Lebanese Hospital Geitaoui, Rafic Hariri Hospital, Makassed Hospital and Notre Dame du Secours Hospital in Byblos. To date, the organization has provided about 17,000 hours of tutorship to children aged 4 to 17. Classes take place mostly at the child's hospital bed. Teachers are selected by Ms. Raymonde Abou who was the Director of Collège Louise Wegmann between 1969 and 2002. In addition, Myschoolpulse provides art therapy sessions at hospital, private lessons at the child's home and, in some cases, tutorship fees to siblings of the sick child.

Myschoolpulse's work has had a significant impact on the children's academic performance: 90% of children passed class in June 2015! More importantly, the support provided helps the children's morale, giving them the confidence they need when they resume school at the end of their treatment.

Join us to enjoy a fun day and help us pursue our mission!

The registration fee is \$30 per person and is all inclusive (race, food, drinks, activities, nursery for kids whose parents take part in the race).

For event details, please visit www.myschoolpulse.com/pulse5k.asp or call +961 76 519 824.



Date	Sunday, July 31st, 2016		
Where	Faqra Club (Parking & Shuttle bus provided just before the Club's entrance gate.)		
Time	9:45 am (to have time to reach start arch)		
Races		Start Time	Age categories by birth year (eligible for awards)
	1K Run with Mom (for children born in 2005 or later)	10:45 am	2 categories: 2005- 2006- 2007 , 2008 & younger (children should be accompanied by a parent)
	5K Run	11:00 am	11 categories: 2004 or younger, 2002-03, 1999-2001, 1997-98, 1992-96, 1987-91, 1982-86, 1977-81, 1972-76, 1967-71, 1966 or older
	5K Walk	11:05 am	
Entrance Fee	30\$ per ticket (Children aged 3y & below are admitted free of charge and don't need to be registered)		
Awards	12:15 pm	1K & 5K winners will be awarded medals & gifts The award ceremony will be followed by an outdoor lunch buffet offered by Myschoolpulse, Faqra Club and Taanayel	
To Register	<ul style="list-style-type: none"> - Online on www.myschoolpulse.com - ABC Achrafieh Level 2, from July 7th to 28th, at Myschoolpulse booth - Spinneys Dbayeh, Hazmieh and Jnah, from July 7th to 28th, at the Customer Service desk <p>If you wish to be timed and eligible to awards, the deadline to register is Friday, July 22nd at 10pm.</p>		
Contact	+961 76519824 or info@myschoolpulse.com		